Nurse scientists understand patients’ needs and conduct research to improve patient care and quality of life at the bedside, in the clinic, and in your community. By funding research at NIH and at outside institutions, NINR supports nursing science to advance biomedical research and improve health. The National Institutes of Health (NIH), the nation’s premier biomedical research agency, is part of the National Institutes of Health. NINR is part of NIH.

How does nursing science enhance our health across the lifespan?

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How does nursing science enhance our health across the lifespan?

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PREGNANCY
Visits from home health nurses: lower mothers’ high blood pressure during pregnancy, lead to better timing of future pregnancies, and reduce the neglect and abuse of children.

INFANTS AND CHILDREN
A program for parents of premature babies decreases parents’ stress, shortens the amount of time babies spend in the neonatal intensive care unit (NICU), and lowers the health care costs associated with premature birth.

END-OF-LIFE
Family members and health care teams use a science-based approach to facilitate conversations that can improve family decision-making about end-of-life care and help them understand palliative care.

TEENS
A device worn by teens with asthma continuously monitors for symptoms of the disease. This wearable technology lets teens learn more about their asthma, and improves their self-management of the symptoms.

OLDER ADULTS
Sensors placed around homes of older adults are used by health care providers to track movements, looking for small changes that may be warning signs of a serious health problem.

ADULTS
A prototype of exoskeleton boots improves mobility for people who have difficulty walking after injury or stroke.
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